

# THE MILK RUN

**BUILD YOUR**

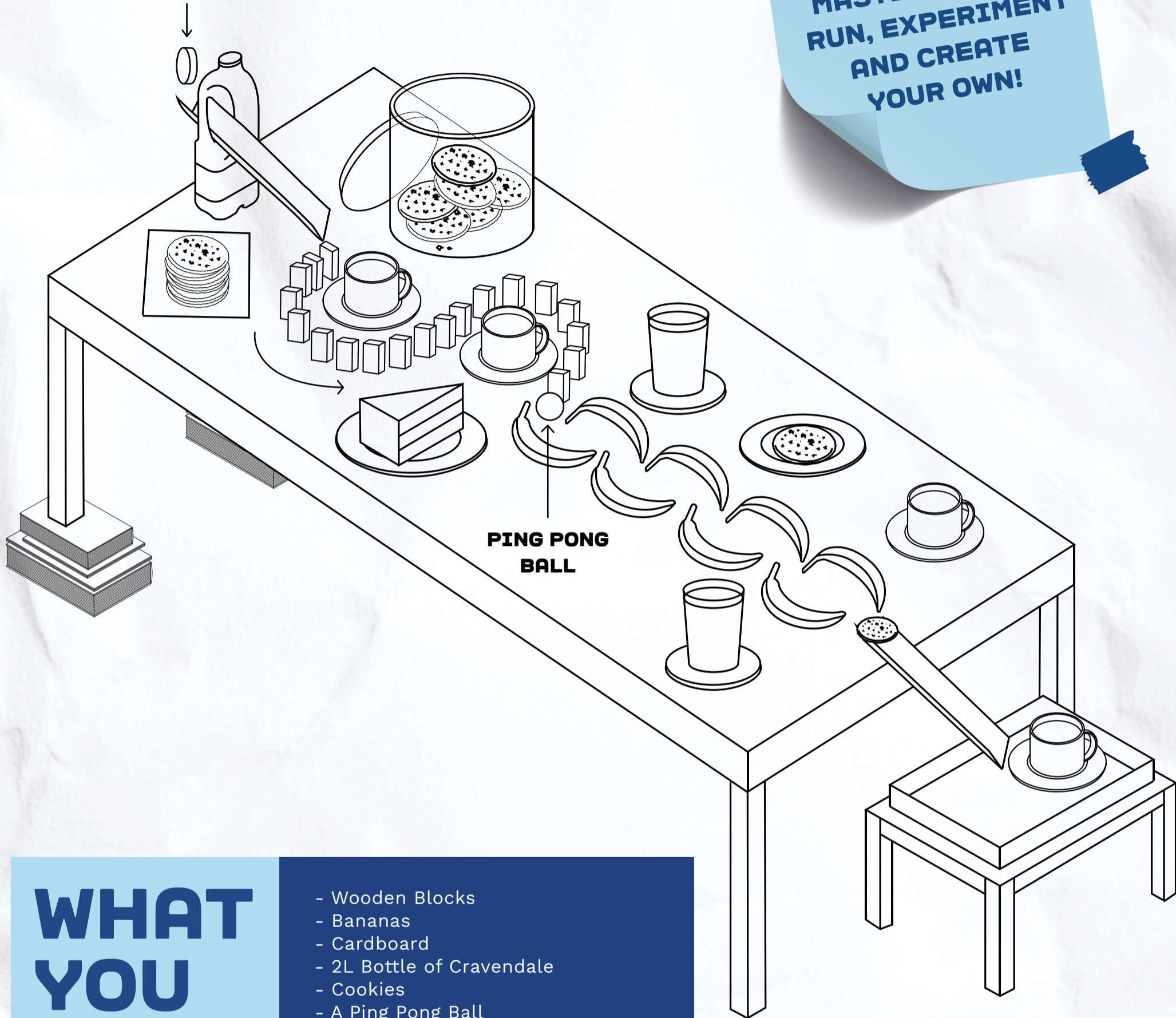
**OWN MILK RUN!**



**INSTRUCTIONS INSIDE  
TO MAKE YOUR TEA  
BREAK LAST LONGER!**



STARTING POINT  
USING LID

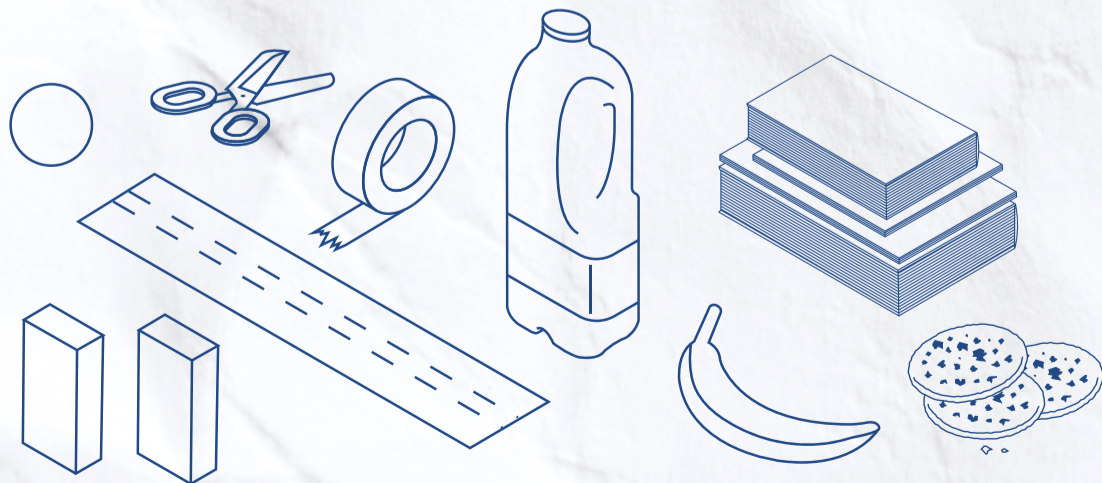


ONCE YOU'VE  
MASTERED THIS  
RUN, EXPERIMENT  
AND CREATE  
YOUR OWN!

PING PONG  
BALL

## WHAT YOU NEED

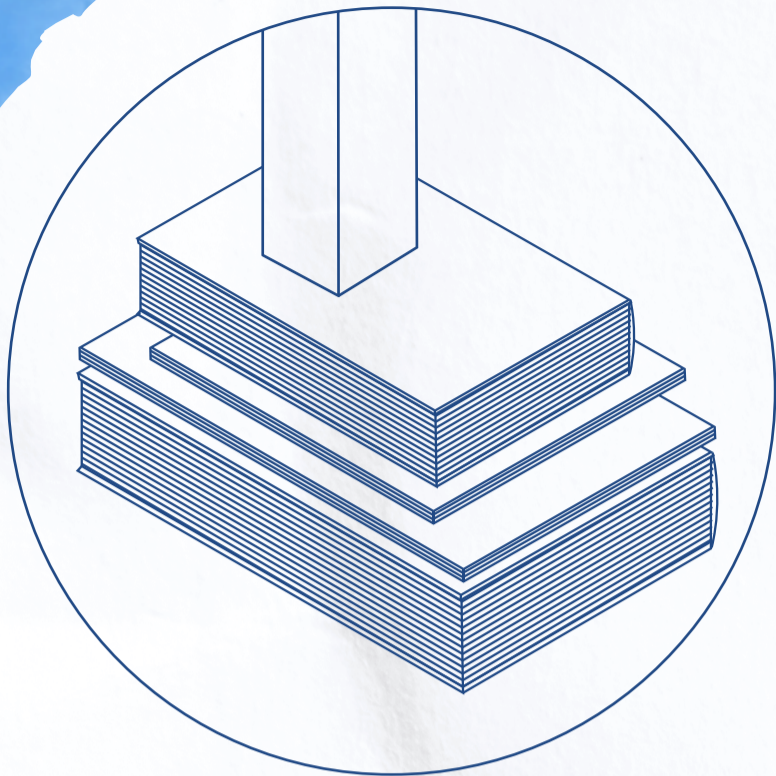
- Wooden Blocks
- Bananas
- Cardboard
- 2L Bottle of Cravendale
- Cookies
- A Ping Pong Ball
- Sticky Tape
- Books and Magazines
- Scissors



# THE MILK RUN

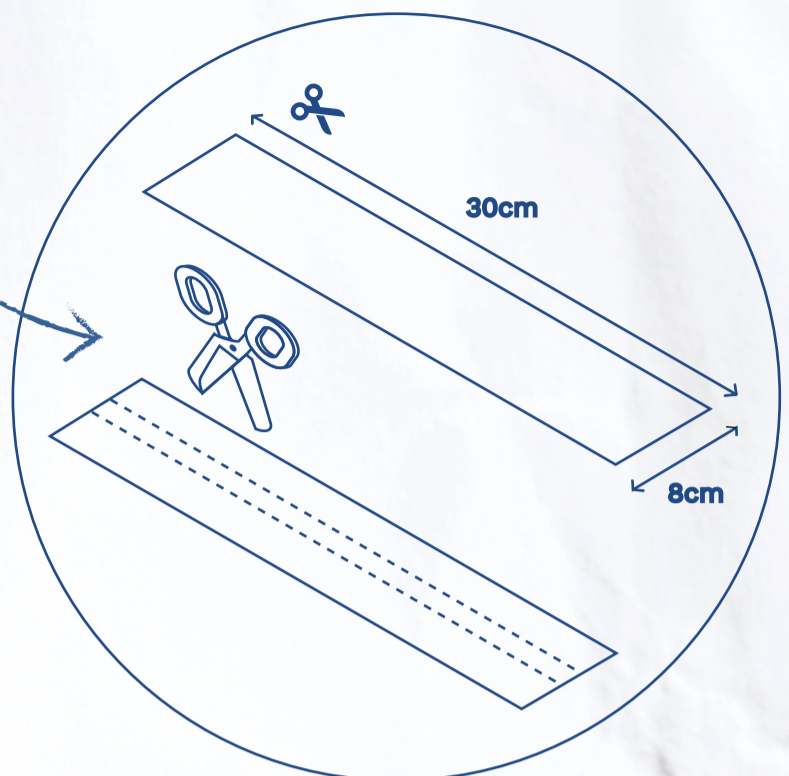


Scoring makes it easier to fold, just don't score too deep!



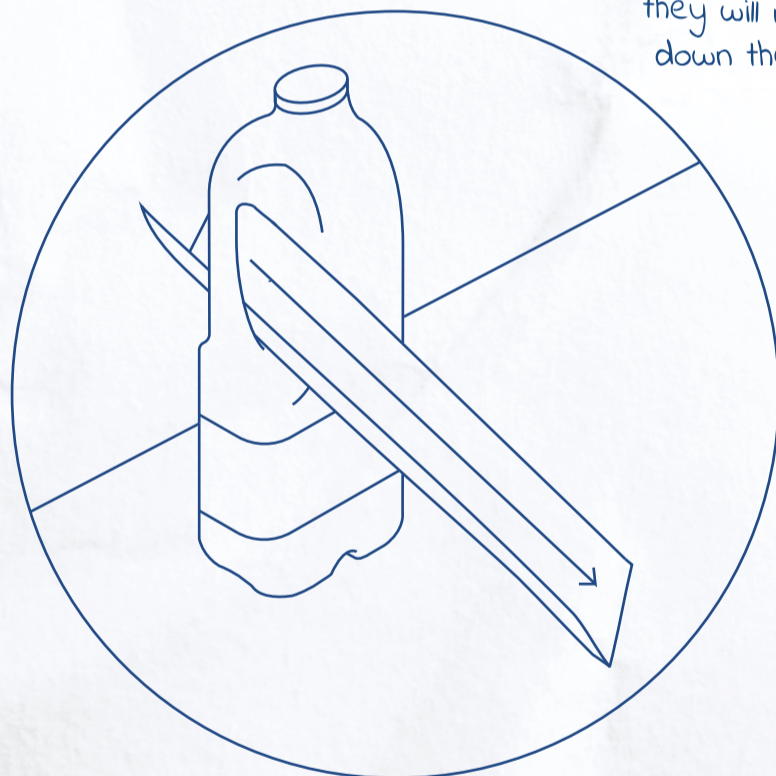
## STEP 01

Start by clearing your table (which should be at least 1.5m long) before propping up the end with a few old books or magazines to give it a slight tilt. This is to help gravity pull our ping pong ball down the table later!



## STEP 02

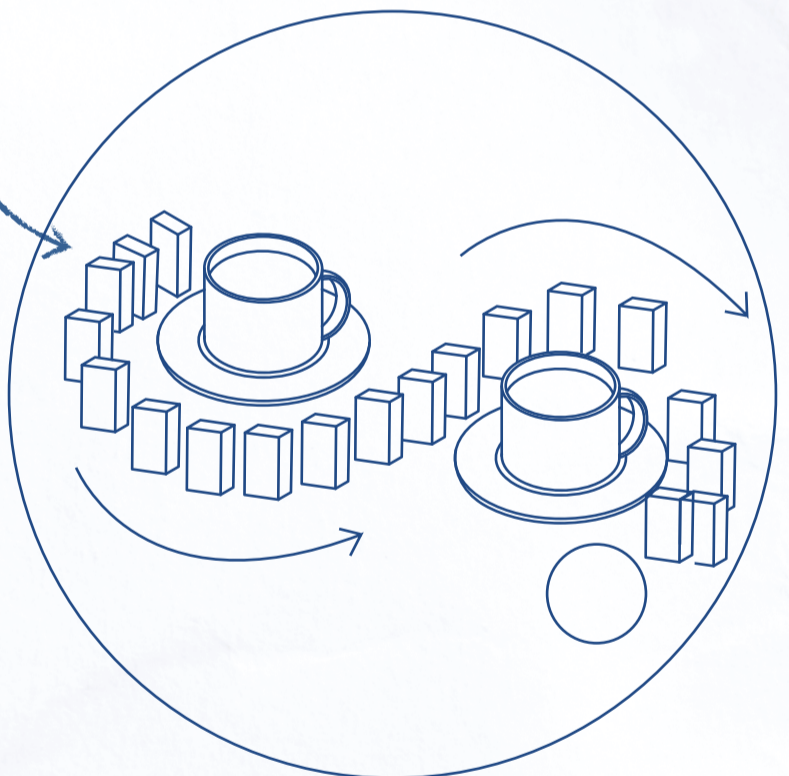
Make the ramps for the beginning and end of the machine. Cut two pieces of cardboard into 8x30cm strips. Once you've done this, score two lines with some scissors down the middle of the card as shown. Then, gently fold along those lines you've created.



When the blocks collapse, they will nudge the ball down the track!

## STEP 03

Now the fun part begins! Begin constructing the run by placing your bottle of Cravendale on the raised end of the table. Next, attach one of the ramps you created earlier through the handle, just like this. It should point to the bottom of the table.



## STEP 04

Next, carefully lay out the wooden blocks in a sweeping 'S' formation to the middle of the table. This part is tricky, so it may take a few attempts. Once you're happy with the layout, place one block on its side at the end. Then rest your ping pong ball against it.

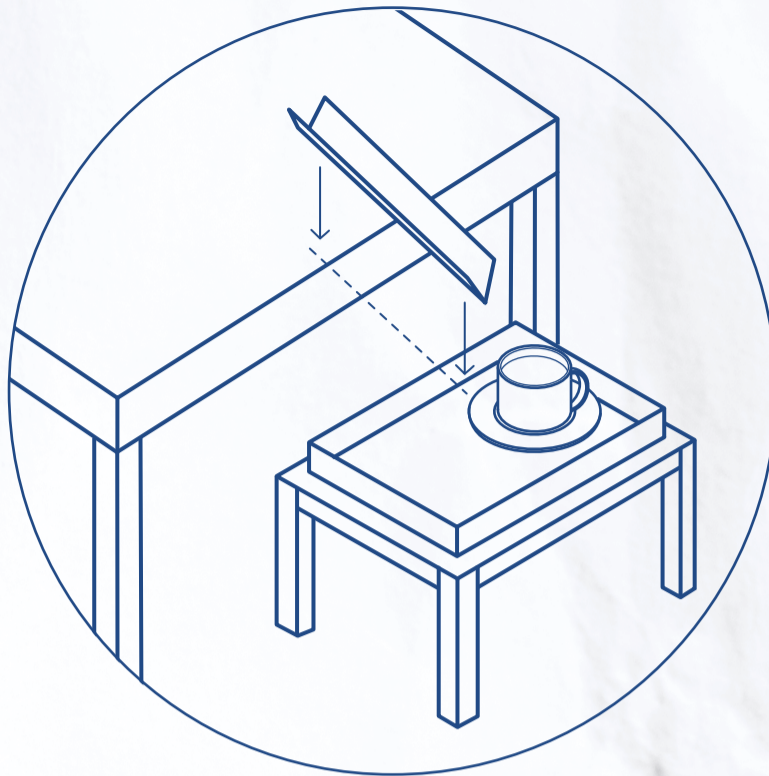


Test your track with the ball to make sure it works!



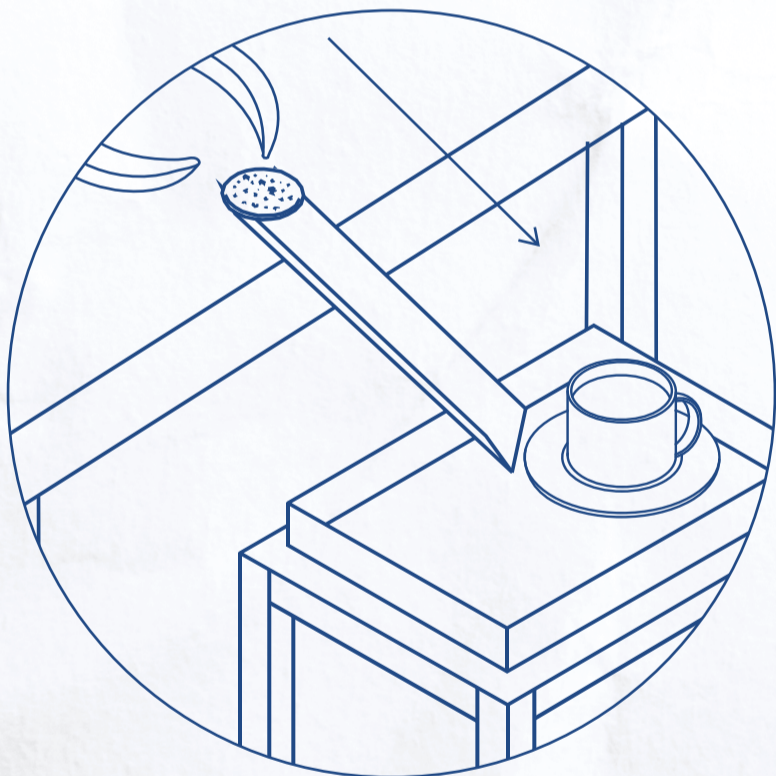
## STEP 05

With your blocks all set up, you can now start to place the bananas on the table like a track. This will guide our ping pong ball down to the edge of the table, where it will eventually nudge our cookie onto a plate.



## STEP 06

The final piece of construction is attaching the second ramp you made earlier to the edge of the table. Use a little sticky tape to do this, and make sure it's secure, as it will be carrying precious goods soon!



## STEP 07

Now all that's left to do is to get your cookie and cup of tea ready! Place your drink and a saucer ready to catch the cookie on a chair or stool beneath the ramp you've just attached. Finally, balance the cookie on the very edge of the table where the top of the ramp is.



## STEP 08

It's time to milk your tea break! To complete the run, simply unscrew the lid on your bottle of Cravendale and slot it into the ramp, and watch as it triggers your cookie delivery.

If you give this a go, please share it with us by tagging

@ArlaCravendale!